

connect

Professional Telephone Counselling & Support

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Connect is a telephone counselling and support service for any adult who has experienced abuse, trauma or neglect in childhood. The service is also available to partners or relatives of people with these experiences.

Connect is an out of hours service available Wednesday to Sunday 6-10pm.

Free and Confidential

To speak to a counsellor call:

ROI (Freephone): 1800 477 477

UK/NI: 00800 477 477 77

Find out more at

www.connectcounselling.ie